



Please write clearly in block capitals.

Centre number

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Candidate number

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Surname

Forename(s)

Candidate signature

I declare this is my own work.

GCSE

PHYSICAL EDUCATION

Paper 2 Socio-cultural influences and wellbeing in physical activity and sport

Monday 9 June 2025 Afternoon Time allowed: 1 hour 15 minutes

Materials

For this paper you must have:

- a pencil.

Instructions

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
 - use good English
 - organise information clearly
 - use specialist vocabulary where appropriate.

For Examiner's Use	
Question	Mark
1 to 5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
TOTAL	



J U N 2 5 8 5 8 2 2 0 1

Answer **all** questions.

Do not write
outside the
box

Only **one** answer per question is allowed.

For each question completely fill in the circle alongside the appropriate answer.

CORRECT METHOD



WRONG METHODS



If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.



0 1

Which **one** of these is defined as 'a physical and mental state of alertness'?

[1 mark]

A Aggression

☐

B Arousal

☐

C Health

☐

D Motivation

☐

0 2

Which **one** of these would be **least** likely to be affected by obesity?

[1 mark]

A Agility

☐

B Flexibility

☐

C Speed

☐

D Strength

☐


0 3Which **one** of these somatotypes is most suited to the shot put?**[1 mark]****A** Ectomorph☐**B** Endomorph☐**C** Mesomorph☐**0 4**

A tennis player sees the ball land out after playing a shot.

Which **one** of these stages of the basic information processing model does this relate to?**[1 mark]****A** Decision making☐**B** Feedback☐**C** Input☐**D** Output☐**0 5**Which **one** of these is an example of a self-paced skill?**[1 mark]****A** Intercepting a pass in hockey☐**B** Marking an opponent in netball☐**C** Performing a pole vault☐**D** Returning a badminton smash☐**5****Turn over ►**

0 6

Complete the inverted-U graph in **Figure 1**:

- Sketch the curve
- Label the axes.

[2 marks]**Figure 1**

2



0 7 . 1

Define ability.

[1 mark]

0 7 . 2

Give **one** sporting example of a complex skill.

Justify your choice.

[3 marks]

Sporting example _____

Justification _____

0 7 . 3

Give **one** sporting example of a fine skill.

Justify your choice.

[3 marks]

Sporting example _____

Justification _____

7

Turn over ►



0	8	.	1
---	---	---	---

Explain how blood doping could improve the performance of a long-distance swimmer.

[3 marks]

0	8	.	2
---	---	---	---

Increasing the chances of success is one advantage for the performer of taking performance enhancing drugs (PEDs).

State **three other** advantages for the performer.

[3 marks]

1

2

3



0 8 . 3

State **three** negative effects on a performer if they are caught taking performance enhancing drugs (PEDs).

[3 marks]

1 _____

2 _____

3 _____

0 8 . 4

Identify **two** different types of prohibited substances that performers may use in sport.

Suggest how **each** prohibited substance may help improve performance in sporting activities of your choice.

[4 marks]

1 _____

2 _____



0 9 . 1Give **three** positive effects of sponsorship on a performer.**[3 marks]**

1 _____

2 _____

3 _____

0 9 . 2Identify **two** negative effects of the media on officials in sport.**[2 marks]**

1 _____

2 _____

0 9 . 3Identify **two** positive effects of the media on officials in sport.**[2 marks]**

1 _____

2 _____



0 9 . 4

Describe the relationship between sport, sponsorship and the media.

[4 marks]

11

1 0

Explain **one** way technology helps a performer in a sporting activity of your choice.**[2 marks]**

2

1 1

Identify the personality type that would be most suited to basketball.

Justify your choice.

[3 marks]

Personality type _____

Justification _____

3

Turn over ►

1 2 . 1

Explain how a coach could use the following types of guidance to improve a player's performance:

- Manual
- Visual.

[4 marks]

Manual _____

Visual _____

1 2 . 2

Explain why verbal guidance may not be suitable for a beginner in sport.

[2 marks]



1 3 . 1

Suggest **three** reasons why a 14-year-old may start to lead a sedentary lifestyle.**[3 marks]**

1 _____

2 _____

3 _____

1 3 . 2

Heart disease is one possible consequence of a sedentary lifestyle.

State **three other** possible consequences.**[3 marks]**

1 _____

2 _____

3 _____

1 3 . 3

Explain **two** positive effects that staying fully hydrated may have on sporting performance.**[4 marks]**

1 _____

2 _____

Turn over ►



1 4

The following strategies have been used to reduce hooliganism at football matches:

- Alcohol restrictions
- Banning orders

Discuss the effectiveness of each of these strategies in reducing hooliganism at football matches.

[4 marks]

Alcohol restrictions _____

Banning orders _____

4



Discuss how aggression in a footballer can impact their own performance during a match.

[illegible]

Turn over ►



[9 marks]

[illegible]

END OF QUESTIONS

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outside the
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ANSWER IN THE SPACES PROVIDED**



[illegible]

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